

ROCK HOUSE  
HARBOUR ISLAND BAHAMAS

## *Main Dining Menu*

### *Appetizers*

#### *Chilled Gazpacho*

Served With Lime Scented Sour Cream

#### *Conch Chowder*

Local Bahamian Conch, Tomato, Boniato & Cumin

#### *Tuscan Arugula Salad*

Shaved “Reggiano” Parmesan Cheese, Olive Oil, Lemon & Balsamic Glaze

#### *Carpaccio of Golden & Red Beets*

Orange Vinaigrette, Feta Cheese & Roasted Pine Nuts

#### *Gorgonzola, Caramelized Pear, Walnut & Organic*

#### *Bahamian Spinach Salad*

With Home Made Honey Mustard Vinaigrette

#### *Local Bahamian Stone Crab Claws*

Shelled & Served With Mustard Dipping Sauce  
(Seasonal)

#### *Jumbo Crab Cake*

Red Pepper Confit & Bearnaise Sauce

#### *Thai Style Stone Crab & Lobster Spring Rolls*

With Mascarpone Cheese, Chopped Herbs & Sweet Chili Dipping Sauce

## *Main Dining Menu*

### *Entrees*

#### *Roasted Bahamian Lobster Tail*

With Green Basil Butter On Potato Puree With Steamed Bok Choi

#### *Chilean Sea Bass*

Marinated In Sake, Miso & Mirin Shitake, Sweet Pepper &  
Ginger Stir Fry Jasmine Rice

#### *Linguine*

With Organic Basil Pesto, Sun Dried Tomatoes & Reggiano Parmesan

#### *Roasted Bahamian Lobster Tail*

With Green Basil Butter On Potato Puree With Steamed Bok Choi

#### *Junkanoo' Capellini*

Sautéed Baby White Shrimp In Spicy Tomato Arrabiata Sauce  
With Preserved Lemon and 'Gremolata'

Or With Local Lobster

#### *Crispy Pan Seared "Almost Boneless" Chicken*

Mashed Potatoes, Steamed Asparagus and Citrus Herb Bearnaise

#### *Cider Brined Pork Tenderloin*

Goat Cheese Mashed Potatoes, Crispy Onions, Apple & Prune Relish

#### *Curried New Zealand Lamb Chops*

Baby Green Beans, Root Vegetable Mash  
(May Contain Turnip, Parsnip, Potato, Sweet Potato, Carrot Celery Root,  
Roasted Elephant Garlic & Butter)

#### *Certified Angus Tenderloin*

Hand Cut French Fries & Steamed Asparagus

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## *Main Dining Menu*

### *Desserts*

#### *Rock House Homemade Ice Creams*

Hokey Pokey Vanilla Bean & Honeycomb Swirl  
'Pilon' Espresso Coffee Bean  
Vanilla Bean  
Fresh Strawberry

#### *French Chocolate Sorbet*

#### *Wallace's Red Velvet Cake*

Cream Cheese Butter Icing, Toasted Pecans  
Fresh Strawberries & Raspberry Sauce

#### *Chocolate Pudding*

Served With Walnut Drop Cookies & Whipped Cream

#### *Tropical Coconut Flan*

Served With Pineapple Compote

#### *Frozen Ice Cream Turtle Pie*

Hokey Pokey Ice Cream, Pecans, Chocolate & Caramel Sauces

#### *Sticky Toffee Banana Cake*

Served With Vanilla Bean Ice Cream